INTERVENTIONS FOR EMERGENCY SITUATIONS

INTERVENTIONS FOR LOW BLOOD SUGAR

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| **Hypoglycemia** (Low blood sugar) – Insulin Reaction **(Must be accompanied to Health Office):** | | | | | | |
| (Any blood sugar below |  | constitutes a low blood sugar. | | | | |
| If blood sugar cannot be obtained, treat based on symptoms? Yes | | |  | No |  |

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| **Mild reaction** signs person might exhibit are: | | | | | | | | | | | | | | | | | | | |
|  | *hunger* | | | *irritability* | | *shakiness* | | | | *sleepiness* | | | | *sweating* | | *pallor* | | | |
|  | other | |  | | | | | | | | | | | | | | | | |
| Person usually recognizes the symptoms? Yes | | | | | | | | | |  | | No |  | |
|  | Time reactions most frequently occur? | | | | | | | | | |  | | | | | | | | |
| √ | **Treat mild** low blood sugar as follows: | | | | | | | | | | | | | | | | | | |
|  |  | glucose tabs | | |  | | cup juice | |  | | | cup regular pop | | | | | | | |
|  | other: | |  | | | | | | | | | | | | | | | | |
| Follow initial treatment with a snack of | | | | | | | |  | | | | | | | | | in |  | minutes. |

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| **Moderate reaction** signs person might exhibit are: | | | | | | | | | | | | | | | | | | |
|  | *confusion* | | | | *slurred speech* | | | | | *disoriented* | *sleepiness* | | | *change in personality* | | | | |
|  | other: | |  | | | | | | | | | | | | | | | |
| √ | **Treat moderate low** blood sugar as follows: | | | | | | | | | | | | | | | | | |
|  |  | tube glucose gel | | | |  | | tube cake decorating gel | | | | |  | | cup juice | | | |
|  | other: | |  | | | | | | | | | | | | | | | |
| Person should | | | |  | should not | |  | | follow with a snack of | | |  | | | | in |  | minutes |
| or once symptoms subside. | | | | | | | | | | | | | | | | | | |

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| **Severe reaction** signs person might exhibit are: | | | | | | | | | | | | | |
|  | *unconscious episode* | | | *seizure* | | | *unable/unwilling to take gel or juice* | | | | | | |
| √ | For **severe low** blood sugar, **treat** as follows: | | | | | | | | | | | | |
|  |  | cc. Glucagon injection ( | | |  | | | units) | | | Call 911 | | Notify parents |
|  | Order for Glucagon on file? Yes | | | | |  | | | No |  | |
| Call parent in the event | | |  | | | | | | | | | | |

INTERVENTIONS FOR HIGH BLOOD SUGAR:

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| **Hyperglucemia:** | | | | | | | | | | | | | | | | | | |
|  | A blood sugar above | | |  | | will | | |  | | may |  | require an insulin administration (see insulin | | | | | |
|  |  | | |  | |  | | |  | |  |  | dosages). | | | | | |
|  | If blood sugar is greater than | | | | | |  | | | , test blood ketones | | | |  | urine ketones | |  | . |
|  | Child will |  | will not | |  | | | need supervision in testing ketones. | | | | | | | | | | |
| Notify parents if blood glucose is above | | | | | | | | | |  | | or when ketones are | | | |  | | |

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| **Comments:** |  |

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