

Advocacy

Referrals

Resources

# Center For Access & Campus Engagement

March 2025



## Women's History Month



Women's History Month is a celebration and time of intentional recognition of women's achievements and historical significance.

Started as a local celebration in California in 1978, the movement spread across the country as more communities became involved. In 1980, President Jimmy Carter declared the Week of March 8th (International Women's Day) as National Women's History Week, in response to lobbying by a determined collection of women/women's groups.

In 1987, almost a decade since the first celebrations in California, Congress officially designated March as Women's History Month.

### Importance of Women's History

Recognizing the achievements of women can have a huge impact on the development and confidence of girls and young women.

Excluding women from contributing to society has significant consequences.

In medicine, the absence of female perspectives led to a delayed recognition of gender-specific heart attack symptoms, researched extensively by Dr. Nanette Wenger.

Similarly, the underrepresentation of women in engineering and STEM fields overlooked differences in how seat belts protect women's bodies, as highlighted by Dr. Astrid Linder. These examples underscore the importance of including diverse perspectives to address critical issues effectively.

Since many of the achievements that women are responsible for are underrepresented and undervalued in our history books and literature, it is imperative that we spend time calling attention to what women/women have done and can still yet do to change our world!

### Counseling Center

CU Denver students automatically receive **10 free** counseling sessions annually! For more information visit [www.ucdenver.edu/CounselingCenter](http://www.ucdenver.edu/CounselingCenter)  
Located on 4th floor of Tivoli.

#### Clinical Services:

Monday - Thursday: 9am - 7pm  
Friday: 9am - 5pm

#### After-hours, Weekends, & Holidays:

Health Center Auraria 24/7 Crisis: 303-615-9911

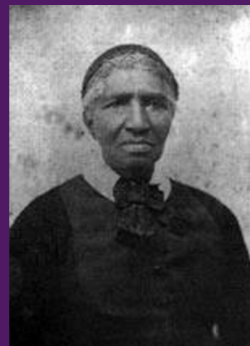
### Our Mission:

The CACE creates learning environments that actively engage and empower students by offering support and resources that enhance their educational experience at CU Denver.



# Famous Women in Colorado History

Clara Brown was a community leader, and philanthropist who was born in 1800. She moved from Virginia to Colorado in 1859, and was formerly enslaved person. Brown was known as the 'Angel of the Rockies', or 'Aunt Clara'. She was the first Black woman to cross the plains, and Brown assisted formerly enslaved people become settled during Colorado's Gold Rush. Brown generously assisted those within her community, utilizing her home to host church services, a hospital, a resting place for the sick or in poverty. A stained glass window can be found within the Colorado State Capitol rotunda!



Ruth Cousins Denny was a granddaughter of enslaved people, faced racial discrimination early in her life and pursued a career in education. Moving to Denver in 1951, she co-founded and led Denver's CORE was successful as an agents of change leading to dismantling of discriminatory practices in businesses, housing, and education.

She assisted in 1963 to send a bus full of Coloradans to the March on Washington, and forty years later she created the "Rebels Remembered" project that documented the Civil Rights movement in Colorado, and to ensure youth could learn about the history.

Kalpana Chawla was the first Indian-born woman to go to space in 1997. Chawla immigrated to the United States in the 1980s to complete her studies, earning a doctorate in aerospace engineering from the University of Colorado in 1988. She felt passionately about providing science education opportunities for young girls in India, and in her tenure as an astronaut she took on projects such as studying plant reproduction in microgravity and how materials behave within space. On February 1, 2003, she died when the space shuttle Columbia broke up upon re entry into Earth's atmosphere



# Women's History Month

## Women's History Month Kick Off: Women's Market

Wednesday, March 5 | 11:30AM-1:30PM | Tivoli Turnhalle

## Greek Week: Silk Flowers

Wednesday, March 5 | 6:00PM-7:00PM | Tivoli 129

## Sister Circles: Brew & Pause

Tuesday, March 11 | 12:30PM-2:00PM | Tivoli 440/540

## The Body Project

Tuesday, March 11 & 18 | 3:30PM-6:00PM | Scan QR Code below for registration

## Self and Collective Care for Our Liberated World

Thursday, March 12 | 4:00PM-6:00PM | SCB 1401

## Honoring Voices: Awareness for Missing &

## Murdered Indigenous Relatives

Thursday, March 20 | 10:00AM-12:00PM | St. Cajetan's

## Hygiene for Hope: Supporting Survivors

Thursday, March 20 | 2:00PM-3:30PM | Tivoli 129




Scan the QR code for The Body Project for registration and location information.

ACE/CACE events, programs, and services are open to all CU Denver community members, regardless of protected class status (race, ethnicity, national origin, sex, gender, etc.). All are encouraged to actively participate and live our inclusive values.



# March Event Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5 <b>WHM Kick Off: Women's Market @ Tivoli Turnhalle Silk Flowers @ Tivoli 129</b>	6 <b>Virtual C4C Community Circle</b>	7
10	11 <b>Body Project @ 3:30pm - 6pm</b>	12 <b>Latinx Leadership Panel with LSFA: with Chancellor Christensen @ SCB 2500A</b>	13 <b>F4T/WHM - Katerena Jeng @ 3pm-5pm W.E.B. Du Bois From Theory to Action event <u>RSVP Today!</u></b>	14
17	18 <b>Body Project @ 3:30pm - 6pm</b>	19	20 <b>Honoring Voices: Raising Awareness for Missing and Mur Jill/Dodie @ St.Cajetans Supporting Survivors @ 2pm-3pm</b>	21
24	25	26	27	28
				

## IMPORTANT DATES

Spring Break - **Mon, Mar 24 - Sun, Mar 30**

No classes. Campus open.



# Free Resources

Looking to give your resume a competitive edge?



Take advantage of this opportunity to acquire new skills and enhance your resume? As a CU Denver student, you have access to a wealth of resources, and here's one you want to access for **FREE!**



**Coursera** offers a wide range of online courses taught by experts from top universities and companies worldwide. These courses cover various subjects, from technical skills to soft skills, all of which can significantly boost your resume and increase your marketability to potential employers.



**To access Coursera:**  
**Go to UCD Access> CU Resources> CU Resources**  
**Home>Training>CU On Coursera.**

# Club Highlights



## Women in Business at the University of Colorado Denver

To inspire and empower women by providing resources, mentorship, and opportunities that promote leadership, confidence, and success in business. We aim to bridge the gap between education and the professional world, ensuring that women have the skills, network, and confidence to navigate their careers with resilience and ambition.

Connect with us through:

✉ Email: [cudenverwomeninbusiness@gmail.com](mailto:cudenverwomeninbusiness@gmail.com)

🌐 My Lynx:

<https://ucdenver.campuslabs.com/engage/actioncenter/organization/womeninbusiness/about>

📱 **Social Media:** [@cudenver.wib](#)

Join us and take the next step toward your future success!

# Upcoming Events



## CACE & TRIO WORKSHOP REGISTRATION

### February

THURS 27  
11:45 AM -  
1:00 PM

**Time Management Basics: w/CACE, TRIO, and CLAS**  
**Student Commons (ACAD) 2000**  
**In-Person**

### March

MON 10  
12:00 PM -  
1:00 PM

**Build Your Study Skills w/TRIO, CACE, and CLAS**  
**In-Person**

### April

WED 23  
1:00 PM -  
4:00 PM

**Registration Help with Advisors w/CLAS, TRIO, and  
CACE**  
**In-Person**

### May

FRI 01  
10:00 AM -  
1:00 PM

**Coping w/Stress Using Art w/CACE, TRIO, and CLAS**  
**In-Person**

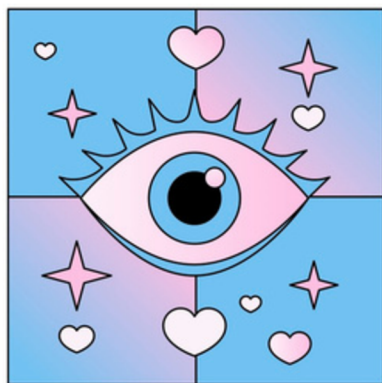
# Upcoming Events

Auraria Campus Presents

## RADIANT & SEEN

Transgender Day of Visibility

**TIVOLI  
STUDENT  
UNION RM  
440/540  
Adirondacks**



**MARCH  
31ST,  
2025,  
2:00PM  
-  
4:00PM**

All students at Auraria,  
join us for a fun and  
supportive event to  
celebrate Transgender  
Day of Visibility  
**Food & Drinks provided!**



### What to Expect:

- Connect w/ support resources and offices.
- Explore gender and gender expression through interactive stations!
- Make-up, bow & tie tying, clothing swap, hygiene stations, and more!
- Showcase your style at the Gender Euphoria Runway!



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THE GENDER  
INSTITUTE  
FOR TEACHING  
& ADVOCACY  
MSU DENVER



# Upcoming Events



We are seeking donations of any gently used, and new party clothes for a clothing swap!

Example items include: Ties, dresses, skirts, high heels, dress shoes, hats, pants, wigs, jewelry, and unopened make-up.

Feel free to donate at the following locations between  
**Wednesday, February 19th - Friday, March, 21st.**

**Center for Access & Campus Engagement** - Student Commons Rm 2105

**The Phoenix Center at Auraria** -Tivoli Student Union 227

**The Gender Institute for Teaching & Advocacy** - Boulder Creek 132



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THE GENDER  
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MSU DENVER





**March 12, 2:00-4:00 PM**  
**Student Commons**  
**Room 1401**  
**1201 Larimer Street**  
**Denver, CO 80204**

**Light Refreshments**  
**Provided**  
**OPEN to ALL**



## **Creative Self & Collective Care for our Liberated World**

Join **Katerina Jeng** as she shares her personal journey of self-discovery and healing through creativity. This interactive workshop explores self-care as a form of resistance, offering practical techniques to reduce stress, boost well-being, and build supportive care networks. Engage in reflective exercises, create your own "dopamine menu," and experience a restorative meditation to leave feeling grounded and empowered.



 **Center for Access and Campus Engagement**  
UNIVERSITY OF COLORADO **DENVER**



# HONORING VOICES:

RAISING AWARENESS FOR  
MISSING AND MURDERED  
INDIGENOUS RELATIVES



**DATE:** MARCH 20,  
2025 **TIME:** 10 AM -  
12 PM **LOCATION:**  
SAINT CAJETAN'S  
(101 LAWRENCE  
WAY, DENVER, CO)

The University of Colorado Denver and the Office of the Liaison for Missing and Murdered Indigenous Relatives are hosting this free event on March 20th, 2025. This event aims to shed light on the stories of those who have gone missing and the historical challenges the Native community has faced in prosecuting cases and seeking justice for these women and their families.



**COLORADO**  
Division of Criminal Justice  
Department of Public Safety



Access and Campus Engagement  
UNIVERSITY OF COLORADO DENVER

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